



ASSOCIAZIONE SPORTIVA DILETTANTISTICA  
**VIET VO DAO VENETO**  
*Arte Marziale Vietnamita*

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**Alla c.a.**  
**Presidenza Federazione VVD Italia**  
**Segreteria FVVDI**  
**Presidente Ass. VVD Lombardia**  
**Presidente Ass. VVD Lazio**  
**Presidente Ass. VVD Liguria e Val d'Aosta**  
**Presidente Ass. VVD Piemonte**  
**Presidente Ass. VVD Veneto**

**And To the kind attention of**  
**Masters and Directors of**  
**Viet Vo Dao France and Switzerland ,Germany, Poland, Morocco, Russia and**  
**Belarus.**

**VVD OPEN EUROPEAN CHAMPIONSHIP**  
**27th 28th March 2010**

The Amateur Sports Association Viet Vo Dao Veneto, on behalf of the Viet Vo Dao Federation and Italy, is organizing the VVD OPEN EUROPEAN CHAMPIONSHIP 2010. The event will be honored by the presence of members of the Federation Council of Masters of Viet Vo Dao ITALY and by participation of international Masters and their athletes from: Portugal, France, Switzerland, Germany, Morocco, Poland, Russia and Belarus. The event will be held at the **Sports Center CA 'RASI** via Ca' Rasi, in the immediate surroundings of Padova.

*(Finalized in the nineties, this resort includes a sports hall, consisting of structure of MT. 34 x 29, with parquet floor, with services for athletes and referees and the audience capacity of 300 people. Externally there are two football futsal with lights, with its athletes and referees changing rooms, parking for 300 cars and green furnishings. Services related to the internal structure including a local infirmary, adjacent to the gym, some local stores, three rooms used as offices, personal services for day care and concierge. There is also a hall of 12 x 6 meters, which is used as a gym for physical activities and basic heating)*



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## **PROGRAM**

**Thursday, 25<sup>th</sup> March 2010:**  
**(Foreign guests interested)**

Visit to the most interesting landscapes of the area.

**Friday, 26<sup>th</sup> March 2010:**

The head of the foreign delegations will take care of welcome international athletes (Resp. Delegazioni Bao Long March).

In the evening: Briefing Master Bao Lan - International guest Masters.

- At the hotel there will be a reception hall for the national delegations and international executives to complete the enrollment, verification certificates, etc..

**Saturday, 27<sup>th</sup> March 2010:**

**8:00 to 9:00:**

Briefing Commissions / Referees / Judges (Technical Manager M<sup>o</sup> Ravarro and M<sup>o</sup> Foschi)

**8:00 to 9:00:**

Completing enrollment, weigh-in.

**9:00 to 9:30:**

OPENING: Parade of delegations participating in the show (national and international) and presentation of the Organizing Committee.

**10:00 to 18:00:**

TOURNAMENT.

**20:00 to 23:00:**

Gala dinner, musical entertainment, awarding the guests.

**Sunday, March 28, 2010:**

**8:30 to 13:00:**

Continuation of the Tournament.

**14.00:**

Closing ceremony.



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## **Tournament Structure:**

Quyên, Quyên with traditional weapons and Dau Tu Do categories. Individual and team tournaments. Minimum age 13 for Quyên and 16 years for the Dau Tu Do.

## **PARTICIPATION FEES:**

Junior participating in one category (Quyên or Dau Tu Do)	15 €
Junior participating in two or more categories	20 €
Senior participating in one category (Quyên or Dau Tu Do)	20 €
Senior participating in two or more categories	25 €
Team competition (per person)	5 €

## ***SPECIALITIES and CATEGORIES***

### **SPECIALITY 'F' - QUYÊN**

#### **Category A - Women White Belt Juniors (13 years - 17 years)**

- 1 technical grade from 0 to I Cap
- 2 technical grade II Cap
- 3 technical grade III Cap
- 4 technical grade IV Cap

#### **Category B - Men White Belt Juniors (13 years - 17 years)**

- 1 technical grade from 0 to I Cap
- 2 technical grade II Cap
- 3 technical grade III Cap
- 4 technical grade IV Cap

#### **Category C - Women White Belt Seniors (>age 18)**

- 1 technical grade from 0 to I Cap
- 2 technical grade II Cap
- 3 technical grade III Cap
- 4 technical grade IV Cap

#### **Category D - Men White Belt Seniors (>age 18)**

- 1 technical grade from 0 to I Cap
- 2 technical grade II Cap
- 3 technical grade III Cap
- 4 technical grade IV Cap



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**Category E - Women Black Belt**

- 1 Black Belt
- 2 1<sup>st</sup> Dang
- 3 2<sup>nd</sup> and 3<sup>rd</sup> Dang 3
- 4 Master (over 20 years of practice)

**Category F - Men Black Belt**

- 1 Black Belt
- 2 1<sup>st</sup> Dang
- 3 2<sup>nd</sup> and 3<sup>rd</sup> Dang
- 4 Master (over 20 years of practice)

**Category G - Black Belt Team (components min. 3 - max 5).**

- 1 Women Black Belt and higher
- 2 Male Black Belt and higher

**SPECIALITY 'A' - QUYEN with traditional WEAPONS**

**Category H - Women Black Belt**

- 1 Long Weapons (stick, halberd, spear, etc.).
- 2 Bladed Weapons (sword, knife, sword, etc.).
- 3 Articulated Weapons (long gian, gian Tam Tiet, etc.).

**Category I - Men Black Belt**

- 1 Long Weapons (stick, halberd, spear, etc.).
- 2 Bladed Weapons (sword, knife, sword, etc.).
- 3 Articulated Weapons (long gian, gian Tam Tiet, etc.).



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## **SPECIALITY 'C' - DAU TU DO**

### **CATEGORY L - Men White Belt**

(divided into categories of weight - 1 rounds of 2 min.)

- 1.Until 63 Kg
- 2.From 63.1 to 68 Kg
- 3.From 68.1 to 73 Kg
- 4.From 73.1 to 78 Kg
- 5.From 78.1 to 83 Kg
- 6.From 83.1 to 88 Kg
- 7.Over 88 Kg
- 8.Juniors (16 and 17 years) until 68 Kg
- 9.Juniors (16 and 17 years) over 68 kg

### **Category M - Women White Belt**

(divided into categories of weight - 1 rounds of 2 min.)

- 1.Until to 50 Kg
- 2.From 50.1 to 55 Kg
- 3.From 55.1 to 60 Kg
- 4.From 60.1 to 65 Kg
- 5.From 65.1 to 70 Kg
- 6.Over 70 Kg

### **Category N - Men Black Belt**

(divided into categories of weight - 1 round of 3 min.)

- 1.Until to 68 Kg
- 2.From 68.1 to 78 Kg
- 3.Over 78 Kg

### **Category O - Women Black Belt**

(divided into categories of weight - 1 rounds of 2 min.)

- 1.Until to 48 Kg
- 2.From 48.1 to 58 Kg
- 3.Over 58 Kg

**Category P - Men Black Belt Team (Male only) (not divided into weight categories - 1 round of 3 min. - 3 athletes + 1 reserve)**

**PS = If one of the categories above did not reach the minimum number of 4 (four) athletes, the Organization may decide to combine two or more categories.**

**The Organization reserves the right to make changes to the program.**



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**ACCOMMODATION IN HOTEL**

HOTEL PARADISO TERME

Via Flacco, 96 - 35031 Abano Terme (Padova - Italy)

(+39) 049 86 69 272 - Fax (+39) 049 86 02 576

E-mail: [paradiso@termeparadiso.it](mailto:paradiso@termeparadiso.it)

**€ 120 single solution that includes:**

Friday 26 <sup>th</sup> March 2010	Saturday 27 <sup>th</sup> March 2010	Sunday 28 <sup>th</sup> March 2010
Dinner (drinks included)	Bed & Breakfast	Breakfast
Overnight stay	Dinner (drinks included)	

If some international guests would like to arrive some days before the Competition, the Organization will communicate price and schedules. Furthermore there will be the possibility of a guided tour of the most interesting landscapes in the area.

All the subscriptions should be sent to:

**BAO LONG MARCO** (responsible for Relations with International Delegations)

E-mail: [longmarco.bao@alice.it](mailto:longmarco.bao@alice.it) - Cell: 348.7271503

**PS: please always ask the confirmation after emailing!**

It is recommended the maximum precision and punctuality in filling out forms. Late subscriptions or additions and changes after the deadline will be not accepted. No refund in case of non-participation of one or more participants.

The amount shall be paid into the bank account:  
Antonveneta - (Gruppo Monte dei Paschi di Siena)  
ABI 5040  
CAB 62340th  
C / C 11855th / C  
A CIN  
IBAN code: IT21A050406234000000011855C

**\*\*\* DEADLINE FOR SENDING: 7<sup>th</sup> March 2010 \*\*\***



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## **MODULI DI ISCRIZIONE - FORMS**

Black belts who participate in more categories may not find enough space for the subscription. Write in the box below using the boxes you need and leave the other fields blank, see example:

Registration code composition

### **FXX**

First letter identifies the specialties to which the athlete intends to enroll (eg Quyen = Fxx)

### **FCX**

The second letter identifies belt, sex and age (eg Women White Belt Senior = xCx)

### **FC2**

The third letter/number identifies the technical grade (in Dau Tu Do categories identifies the category of weight) (eg II cap = xx2)

- The athlete who wants to join the Tournament in Quyen Women White Belt Senior (age 20) technical grade II Cap, has to fill out the form as follows:

	Name	Surname	F/ M	Age	Level	Speciality	Category	Grade	Kg /weight	Total €	Nation
<b>01</b>	GIULIA	BERNIE	F	27	II cap	F	C	2		20€	ITA

- The athlete (black belt) who wants to join a tournament in more Categories (Quyen, Weapons and Dau Tu Do) fill out the form as follows:

	Name	Surname	F/ M	Age	Level	Speciality	Category	Grade	Kg /weight	Total €	Nation
<b>01</b>	MARCO	BAO	M	27	II Dang	F	F	3		25€	ITA
	MARCO	BAO	M	27	II Dang	C	N	1	68		ITA
	MARCO	BAO	M	27	II Dang	A	I	2			ITA

- Attention: the athlete aged below 16 years, cannot register for the Dau Tu Do, therefore, may enroll only at Quyen category:

	Name	Surname	F/ M	Age	Level	Speciality	Category	Grade	Kg /weight	Total €	Nation
<b>01</b>	TOMAS	MANIERO	M	15	II Cap	F	B	2		15€	ITA
	TOMAS	MANIERO	M	15	II Cap	C	L		Not available		ITA



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Modulo Di Iscrizione – **Gara Individuale**  
**Form – Individual competition**

NAZIONE/NATION \_\_\_\_\_  
NOME DEL CENTRO/Name Club \_\_\_\_\_  
Istr. RESPONSABILE/Instructors \_\_\_\_\_

	Name	Surname	F/ M	Age	Level	Speciality	Category	Grade	Kg /weight	Total €	Nation
01											
02											
03											
04											
05											
06											
07											
08											
09											
10											
11											
12											
13											
14											
15											
16											
17											
18											
19											
20											
21											
22											
23											
24											
25											

The undersigned (Name and Surname of the Master).....

Tel. / e-mail .....

**DECLARE his/her participant are regularly part of his/her Federation for the year 2010 and they possess a valid medical certificate.**

**SIGNATURE** \_\_\_\_\_



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Modulo Di Iscrizione – **Gara a Squadre**  
**Form – Race Teams**

NAZIONE/NATION \_\_\_\_\_  
NOME DEL CENTRO/Name Club \_\_\_\_\_  
Istr. RESPONSABILE/Instructors \_\_\_\_\_

N°	Nome della Squadra/Name team	N° Atleti	Nome/Name	Cognome/Surname	Speciality	Cat.
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						

SIGNATURE \_\_\_\_\_



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**MODULO DI PRENOTAZIONE ALLOGGIO**  
**Accomodation form**

NAZIONE/NATION \_\_\_\_\_

NOME DEL CENTRO/Name Club \_\_\_\_\_

Istr. RESPONSABILE/Instructors \_\_\_\_\_

	NOME E COGNOME /NAME AND SURNAME	DATA ARRIVO / CHECK IN	DATA PARTENZA / CHECK OUT	CAMERA DOPPIA / DOBLE ROOM	CAMERA TRIPLA / TRIPLE ROOM	TOTALE QUOTA / TOTAL €
01						
02						
03						
04						
05						
06						
07						
08						
09						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
21						
22						
23						
24						

**TOTAL €** \_\_\_\_\_



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**ABBINAMENTO CAMERE**  
**Rooms composition**

Combinations specified below for each row you want to insert name of persons who wish to share a room (remember that the rooms are just double and triple).

	<b>Primo letto / First Bed</b>	<b>Secondo letto / Second Bed</b>	<b>Terzo letto / Third bed</b>
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			