

## ANNEX I : Dau Tu Do Compulsory Material

1. **Head Guard.** It must protect both sides of the head, and the back as well. A grill in the front is not allowed.



2. **Tooth Guard.** It can be single and it must protect the upper arch .

3. **Gloves.** They must be ten-ounces gloves which must cover and protect the entire hand, including all the fingers.



4. **Shin Guards.** They must be separated by the Feet guards, and they must protect the entire shin.

5. **Feet Guards.** They must cover and protect the entire feet, thus including all the fingers and the heel as well.



6. **Breast Guard.** Female only.

7. **Groin Protector.** Male only.

